

BEFORE THE  
LOUISIANA STATE BOARD OF MEDICAL EXAMINERS

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In the Matter of : Investigative File  
: No. 91-I-062X  
PETER MALEY STEDMAN :  
(Certificate No. 016127) : CONSENT ORDER  
: Respondent :  
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The Louisiana State Board of Medical Examiners (Board) has developed apparently reliable information indicating that Peter Maley Stedman, M.D. (Dr. Stedman), a physician licensed to practice medicine in the state of Louisiana, has suffered from the use and abuse of various controlled substances.

Accordingly, based on the foregoing, the Board has probable cause for filing a formal administrative complaint against Dr. Stedman, charging him with violations of the Louisiana Medical Practice Act, to wit: LSA-R.S. 37:1285(A)(5) "[h]abitual or recurring abuse of drugs ...;" and LSA-R.S. 37:1285(A)(25) "[i]nability to practice medicine ... with reasonable skill or safety to patients because of ... excessive use or abuse of drugs."

During the course of its investigation, the Board received information indicating that Dr. Stedman voluntarily sought admission to The Menninger Clinic ("Menninger") in Topeka, Kansas under the management and care of Lindsay Ann Levine, M.D. for treatment of his drug addiction and related dysfunction. Dr. Stedman remained in in-patient care at Menninger between January, 1990 and February, 1990.

Dr. Stedman did not participate in after care programs nor did he contact the Impaired Physicians Committee either while an inpatient or upon his release from Menninger's. Dr. Stedman continued to use narcotic drugs and alcohol after his discharge from Menninger.

On February 21, 1991, Dr. Stedman, as a referral for suspected drug abuse, was admitted to Ochsner Clinic's Addictive Behavior Unit ("ABU") under the care and treatment of Andrew H. Mebane, M.D. During treatment, Dr. Stedman accepted Antabuse as part of his therapy. He was discharged on April 12, 1991. During his admission, Dr. Lancaster of the Impaired Physicians Committee was contacted. Since Dr. Stedman's Ochsner ABU admission, he has

followed his aftercare and treatment contract.

By letter to the Board by Dr. Mebane, dated July 30, 1991, Dr. Mebane has indicated that Dr. Stedman "remains highly motivated, by design highly visible and engaged in virtually daily aftercare contacts."

As of this date, Dr. Stedman remains under the care and treatment of Ochsner Clinic for continued aftercare monitoring, in addition to participation in the Louisiana Impaired Professional Program of the Louisiana State Medical Society.

As evidenced by his subscription hereto, Dr. Stedman admits that he has suffered from the use and abuse of drugs. Nevertheless, on the basis of information provided to and received by the Board, and with Dr. Stedman's knowledge and consent, the Board is persuaded that the conditions from which Dr. Stedman suffers may be susceptible to effective medical treatment, resulting in restoration of Dr. Stedman's capacity to engage in the practice of medicine with reasonable skill and safety to patients, provided that Dr. Stedman strictly observes and complies with reasonable and appropriate restrictions on and conditions to maintenance of his medical licensure. In consideration of this finding, accordingly, and on the recommendation of the investigating officer respecting the pending investigation,<sup>1</sup> the Board has concluded that its responsibility to ensure the health, safety and welfare of the citizens of this state against the unprofessional, unqualified and unsafe practice of medicine, LSA-R.S. 37:1261, will be effectively served by entry of the order set forth hereinafter, by consent.

Recognizing his right to have notice of the allegations and charges asserted against him, to administrative adjudication of such charges, LSA-R.S. 49:955-58, and to a final decision rendered upon findings of fact and conclusions of law, Dr. Stedman, nonetheless, hereby waives his right to notice of charges and formal adjudication and, pursuant to LSA-R.S. 49:955D, consents to entry of the order set forth hereinafter. By his subscription hereto, Dr. Stedman also hereby authorizes the investigating officer designated by the Board with respect hereto as well as legal counsel to present this Consent Order to the Board for consideration and to fully disclose to and discuss with the Board the nature and results of the investigation.

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<sup>1</sup> The investigating officer appointed in this case is John B. Bobear, M.D., Director of Investigations for the Louisiana State Board of Medical Examiners.

Accordingly, in consideration of the foregoing, and pursuant to the authority vested in the Board by LSA-R.S. 37:1285 and LSA-R.S. 49:955D;

**IT IS ORDERED** that the license of Peter Maley Stedman, M.D. to engage in the practice of medicine in the state of Louisiana, as evidenced by Certificate No. 016127 be, and the same is hereby, effective as of the date hereof, placed on **PROBATION**, contingent upon Dr. Stedman's strict compliance with the enumerated terms, conditions and restrictions contained herein effective from the date hereof and continuing for a duration of five years, ending on April 10, 1997.

- a) **Out-Patient Treatment and Aftercare:** Dr. Stedman shall comply fully with the continuing care advocacy contract entered by Dr. Stedman with Ochsner Clinic, and he shall continue in such out-patient treatment and monitoring as may be further prescribed or recommended by Dr. Andrew H. Mebane, or current treating physician, or by the treatment facility.
- b) **Treatment Contract:** Dr. Stedman shall participate in and submit to the Impaired Physician's Program of the Louisiana State Medical Society and shall diligently and conscientiously adhere to all treatment recommendations made by the Impaired Physician's Committee including, without limitation, execution of and strict compliance with all treatment/after-care contracts required by said Committee for participation in the Program.
- c) **Board Access to Treatment Records and Reports:** Dr. Stedman shall, and does by his subscription hereto, authorize Dr. Andrew H. Mebane, Ochsner Clinic ABU, and any other physician or health care professional under whose care he may come to provide the Board with copies of all medical records relating to Dr. Stedman's history, examination, evaluation, diagnosis, treatment, and prognosis and to provide the Board with written and verbal reports relative thereto.
- d) **Psychiatric Evaluation/Treatment:** Dr. Stedman shall continue under treatment, consistent with the prescription and recommendations of Dr. Andrew H. Mebane, or such other physician acceptable to the Board as Dr. Stedman's primary treating physician and Dr. Stedman shall authorize and cause such physician to submit to the Board not less frequently than quarterly, until such requirement is waived by the Board in writing, written reports on Dr. Stedman's then-current treatment program,

diagnosis, prognosis, compliance with the terms and conditions of this order, and capacity to practice medicine with reasonable skill and safety to patients.

- e) **Personal Appearance Before the Board:** Upon completion of the period of probation ordered hereinabove and before reinstatement of his license to practice medicine, Dr. Stedman shall contact the Board office to request a personal appearance before the Board<sup>2</sup> at its next regularly scheduled meeting to permit the Board to consider his compliance with the terms of this order and his then-current prognosis and his on-going treatment for chemical dependency and alcohol abuse.
- f) **Complete Abstinence from Drugs and Alcohol:** Dr. Stedman shall, for the duration of his life, maintain complete abstinence from the use of alcohol and any controlled substances, unless prescribed by his treating physician other than himself, for a bona fide medical condition. In the event that any physical or mental condition of Dr. Stedman does require prescription, administration or dispensation of any controlled substance to Dr. Stedman for treatment of a bona fide medical condition, Dr. Stedman shall cause his then-current primary treatment physician to know of each such incident within thirty (30) days of its occurrence.
- g) **Access of Board's Medical Coordinator/Probation Officer:** Dr. Stedman shall also make himself available, upon reasonable notice, for personal interviews with the Medical Coordinator or probation Officer of the Board or their designated representatives for the purpose of discussing his then-current compliance with the terms of this order. Dr. Stedman shall also notify the Board of any change in his personal and business address and telephone numbers within sixty (60) days of such change.
- h) **Absence from State--Effect on date signed:** Should Dr. Stedman, at any time during the period of probation ordered hereinabove, be absent from the state of Louisiana, relocate to and/or take up residency in any other state, for the purpose of practicing medicine, for a period of thirty (30) days or more, then, in such instance, the probationary period ordered hereinabove

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<sup>2</sup>The Board may, at its sole discretion, require Dr. Stedman to meet with the Impaired Physicians' Committee of the Louisiana State Medical Society in lieu of personal appearance before the Board.

shall be deemed interrupted and shall not commence to run until Dr. Stedman returns to and takes up residency in the state of Louisiana for the purpose of practicing medicine in this state. In such instance, Dr. Stedman shall not receive credit towards the probationary period ordered hereinabove for the time period for which he was absent from the state of Louisiana, regardless of whether or not Dr. Stedman actually practiced medicine in such other state during the period of absence.

- i) **Continuing Medical Education:** Dr. Stedman shall obtain not less than fifty (50) credit hours per year for three years through attendance at and participation in continuing medical education (CME) programs accredited by and qualifying for the Physicians' Recognition Award of the American Medical Association, and he shall obtain such award within four years of the date hereof. On or before April 1st of each year during the term of probation ordered hereby, Dr. Stedman shall cause to be submitted to the Board written certification of the CME programs and credits completed by him during the preceding twelve months.

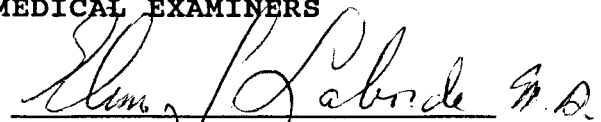
**IT IS FURTHER ORDERED** that any reported violation or failure of strict compliance with any of the terms, conditions or restrictions of this Order by Dr. Stedman shall result in the immediate and automatic suspension of Dr. Stedman's license to practice medicine in the State of Louisiana and shall be deemed adequate and sufficient cause, upon proof of such violation or failure, for the final revocation of Dr. Stedman's license to practice medicine in the state of Louisiana;

**IT IS FURTHER ORDERED** that this Consent Order shall be, and shall be deemed to be, a public record.

New Orleans, Louisiana on this 17th day of April, 1992.

LOUISIANA STATE BOARD  
OF MEDICAL EXAMINERS

BY:

  
ELMO J. LABORDE, M.D.  
PRESIDENT

**ACKNOWLEDGMENT AND CONSENT**

I, **PETER MALEY STEDMAN, M.D.**, hereby acknowledge, approve, accept and consent to entry of the above and foregoing Order, this 10 day of APRIL, 1992.

  
PETER MALEY STEDMAN, M.D.

WITNESS: Carrie Picard